

His Divine Grace A. C. Bhaktivedanta Swami Prabhupadā's teachings

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The Essence of Vedic Knowledge

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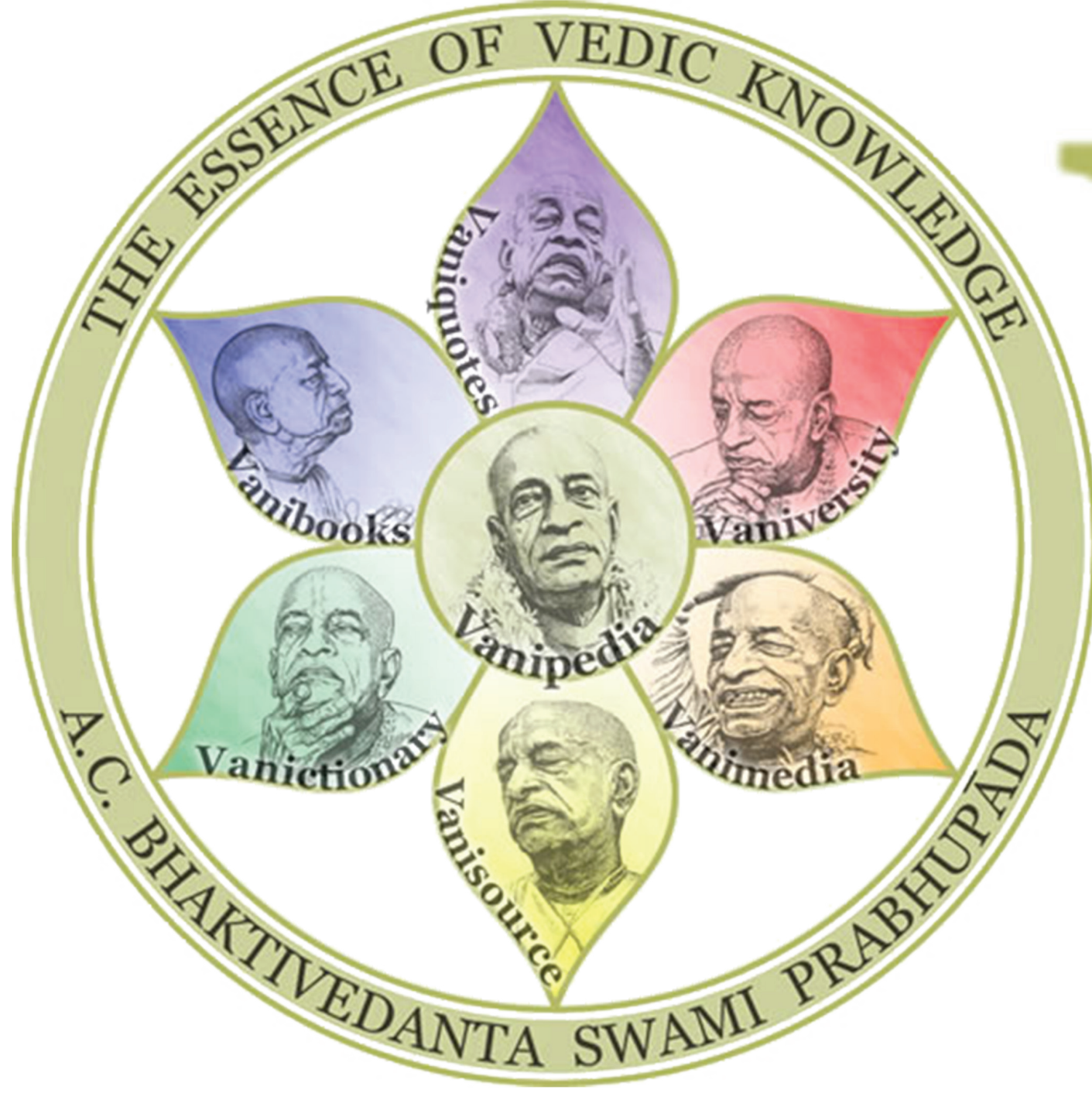
64 ways to chant Hare Kṛṣṇa as instructed by Śrīla Prabhupāda

Frequency	Mood	Method
<ul style="list-style-type: none"> • all day and night • always • as much as possible • at all times • at every moment • constantly • continually • continuously on beads • incessantly • more and more • regularly • repeatedly • twenty-four hours daily • whenever possible • with steadiness • without fail sixteen rounds 	<ul style="list-style-type: none"> • carefully • devotedly • faithfully • feelingly • for pleasing Kṛṣṇa • gravely • happily • in a humble state of mind • in any condition • jubilantly • peacefully • purely • sincerely • transcendently <p>With</p> <ul style="list-style-type: none"> • a strong vow • determination • devotion • ecstasy • faith and conviction • faith and reverence • great delight • great pleasure • our heart and soul • tears of love <p>Without any</p> <ul style="list-style-type: none"> • blasphemy • lamentation • motive 	<ul style="list-style-type: none"> • congregationally • directed by a pure devotee • distinctly pronounced & heard • easily • exclusively • inoffensively • loudly or softly • nicely • perfectly • practice seriously • properly • rhythmically • silently • sinlessly • undeviatingly • very attentively • while in or outside the womb • while sleeping • with great love and faith • with the tip of the tongue • within the mind you can chant <p><i>Hare Kṛṣṇa Hare Kṛṣṇa Kṛṣṇa Kṛṣṇa Hare Hare Hare Rāma Hare Rāma Rāma Rāma Hare Hare</i></p>



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64 results of chanting Hare Kṛṣṇa as explained by Śrīla Prabhupāda

By chanting we become...

- advanced in spiritual life
- benefited
- bright-faced
- completely purified
- elevated to the platform of pure knowledge
- elevated to the transcendental platform
- enhanced in love of Kṛṣṇa
- free from all dangers
- free from complexities of life
- free from contamination of sinful life
- free from material anxieties
- free from material bondage
- free from material contamination
- free from misconceptions of false egoism
- free from sinful reactions
- free from this faulty position
- free of offenses
- fully pure
- fully reformed
- gradually attracted by Kṛṣṇa
- internally clean
- liberated in this very life
- lovers of the Supreme Personality of Godhead
- perfect
- protected in all circumstances
- qualified to be initiated as a brahmana
- rectified
- saved from the danger of falldown
- soften-hearted
- spiritually strong
- the greatest meditator
- the greatest yogi

By chanting...

- a stone-hearted man will melt
- demonic activities are stopped
- everything becomes very easy
- ghosts cannot remain
- gradually we relish some transcendental pleasure
- material existence terminates
- our dormant love for Kṛṣṇa immediately awakens
- our eyes will fill with tears
- our voice falters
- people of the world will be very happy
- so many beneficial effects come
- the dirt from our heart is completely eradicated
- the Lord will automatically reveal Himself
- the solution of life is very easily found
- we attract the attention of Kṛṣṇa
- we automatically develop all the godly qualities
- we deal with Kṛṣṇa directly
- we develop bhāva, ecstasy
- we get heart throb
- we immediately rise to the transcendental platform
- we keep ourself in a liberated state
- we never feel tired
- we reach one of the spiritual planets
- we receive love of Godhead
- we relish Kṛṣṇa, the reservoir of all pleasure
- we resist the onslaught of Māyā
- we return home, back to Godhead
- we rise to the platform of sattva-guṇa
- we rise to the spiritual stage of life
- we subdue sex desire
- we understand that "I am not this body"
- we understand that "I am spirit soul"

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