"Godhead is Light, Nescience is darkness. Where there is Godhead there is no Nescience.



(An instrument for training the mind.)

Edited and Founded

(It educates humanity of its Divine nature)

Under direct order of His Divine Grace Sri Srimad Bhakti-Siddhanta Saraswati Goswami Prabhupada By Tridandi Goswami Abhay Charan Bhaktivedanta Swami

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PART XV

Anti-Material World or the Kingdom of Godhead

Now recognised by progressive science

Modern materialistic science has discovered anti-material world which was so long unknown to the wranglers of gross-materialism. In the *Times of India* dt. 27.10.59 a news service, dated at Stockholm 26.10.59, was published as follows:-

"Two American atomic scientists were awarded 1959 Noble Physics Prize to-day for the Discovery of Anti-Proton, proving that matter exists in two forms as particles and anti-particles."

"They are Italian-born Dr. Emilio Segre 69 and Dr. Owen Chamberlain, born in San-Francisco....."

"According to one of the fundemental assumptions of the new theory, there may exist another world or an antiworld built up of anti-matter. This anti (material) world would consist of atoms and sub-atoms particles spinning in reverse orbits to those of the world we know. If these two worlds would ever clash, they would both be annihilated in one blinding flash."

In this statement of the modern scientists the following things are accepted:—

- There is an anti-material atom or particle which is in another form of matter but it is made of antiqualities of material atoms.
- There is another antimaterial world than this material world of which we have got certain extent of experience.
- 3. These two different worlds may clash at a certain period which may bring in annihilation of both the worlds (?)

Out of these three items, we, students of theistic science, agree with the items No. (1) and (2) but we cannot agree with the (3) item because matter as it is constituted is subjected to annihilation but anti-matter which is freed from all sorts of material

symptoms must be also free from being annihilated from its very nature of existence. If matter is destructible or separable antimatter must be indestructible and inseparable. We shall try to discuss the above three points from the angle of authentic scriptural vision.

The most authentic and recognised scripture of the world is the Veda. The Vedas are sub-sequently divided into four (Sham, Yagu, Rik and Atharva). The difficult subject matters of the Vedas are very stiff for ordi-nary understanding. And to make the grave subject matters more easily understandable, the above mentioned four Vedas are again explained in the history of Mahabharata and eighteen Puranas. Ramayana is historical epic but contains all the necessary informations of the Vedas. Therefore the four Vedas, original Ramayana, Mahabharat, Puranas etc., are all Vedic literatures. The Upanishads are parts of the four Vedas and Vedanta Sutra is the cream of the Vedas. And to summarise all these vedic literatures, the Bhagwat Geeta is accepted as the cream of all Upanishads and the entrance explanation of the Vedanta Sutras. The conclusion is that from the Bhagwat Geeta alone you can have all the lessons of Vedas as it is spoken by Lord Shri Krishna the Supreme Personality of Godhead. Who descends on this material world from the anti-material world to give complete information of the superior form of

The superior form of energy of the Personality of Godhead is described in the Bhagwat Geeta, as Para Prakriti. The scientists have discovered that there are two forms of matter but the same thing is described more perfectly in the Bhagwat Geeta as two forms of energies.

Matter is an energy which creates the material world and the same energy in her superior form creates the anti-material world. The living entities also do belong to the superior energy-group. The inferior energy or the material energy is called Apara Prakriti. Therefore in the Bhagwat Geeta the creative energy is presented in two forms namely Apara and Para Prakrities.

Matter itself has no creative power. When it is manipulated by the living energy, material things are produced. Matter in its crude form is therefore the latent energy of the Supreme Being. Whenever we think of energy it is natural that we think of the source of energy. For example we may think of the electrical energy but along with it we think of the electrical power house where the electrical energy is generated. Energy is therefore not self-sufficient but it is under the control of a Superior Living Being who controls the energy. Fire is the source of two another energies namely, light and heat. Light and heat have no independent existence without Fire. Similarly the two forms of energies namely the inferior and superior energies are derived from a third source call it by any name. But that source of energy must be a living being with full sense of everything. That Supreme Living Being is the personality of Godhead Shri Krishna or the all attractive Living Being.

In the Vedas the Supreme Living Being or the Absolute Truth is called Bhagwan or the full fledged Living Being who is the Fountain Head of all kinds of energies. Discovery of two forms of energies by the scientists is not the end of progressive science but they have still to go farther in the matter and thus discover the source of the two particles or atoms namely material and anti-material.

How do you explain the antimaterial particles? We have experience of material particles or atoms but we have no experience of the anti-material atoms. But the Bhagwat Geeta gives a vivid description of the anti-material particles as follows:-

"This anti-material particle is there within the material body. And because it is within the material body the material body is progressively changing from childhood to boyhood, from boyhood to youthhood and from youthhood to old age after which the anti-material particle leaves the unworkable old body and takes up another material body."

This description of a living body confirms the scientific discovery that matter exists in two forms. When one of them or the anti-material particle is off from the material body, the latter becomes useless for all purposes. As such, anti-material particle is undoubtedly superior energy than the material energy.

"No body should therefore lament for the loss of material energy. All varities of sense-per ception in the categories of feeling well or unwell are but interactions of material energy—which come and go like the seasonal changes. As such they are temporary appearance and disappearance of material interactions. This description of material interactions confirms also the inferiority of material form of energy in comparison to the Superior form of energy called by the name 'Jiva' or the living force."

"Any intelligent man therefore, who is not disturbed by
these interactions of material energy and thinks of such resultant
happiness and distress as different
phases of the inferior energy, is
competent to regain again the
anti-material world where life is
eternal and of permanent bliss."

Anti-material world is suggested here and the information is that in the anti-material world there is no such experience of seasonal changes. Everything there is permanent, blissful and full of intelligence. But when

ANTI-MATERIAL PARTICLE IS INDESTRUCTIBLE

we say it a world it has its forms and parapharnalia of different categories beyond our material experiences.

"The material body is destruetible and as such it is change-able and temporary. So is the material world. But the anti-material living force is non-destructible and therefore it is permanent. Expert scientists have thus distinguished the different qualities of the material and anti-material particles as temporary and permanent respectively.

The discovery of the two forms of matter have yet to find out the qualities of anti-matter. But the vivid description is already given in the Bhagwat Geeta as follows and the scientist can make further research on the basis of these valuable informa-

"The anti-material particle is finer than the finest of the material particle and this living force is so powerful that it spreads its influence all over the material body. Although the anti-material particle is finer than the finest of material particle it maintains the whole material body in sound and healthy state as if with medicinal effect. That anti-material particle has immense Potency than material Particle and as such no body can destroy such anti-material particle."

Here is the beginning of discription of the anti-material particle and it is given more expreessively in the following manner.

"The finest form of anti-material particle is encaged within the gross and subtle material bodies. But with all the material bodies (both gross and subtle) are destructible whereas the finest anti-material particle is eternal principle. One should therefore be more serious about this eternal principle."

Perfection of science will culminate when it is possible for the material scientists to know the qualities of the anti-material particles and liberate it from the association of non-permanent material particles. This liberation of the anti-material particle from the association of material particles is the highest stage of scientific progress.

The suggestion of the scien-tists, that there may exist also another world consisting of antimaterial atoms and a clash between the two worlds namely material and non-material will result in the annihilation of both the worlds is partly true. Such clash is continually going on between the material and antimaterial particles. But in that continuous clashing, annihilation of the material particles is taking place at every step while the nonmaterial particle is trying to get out of it. And this fact is explained in the Bhagwat Geeta as follows .:-

non-material particle, which is the living entity which influences the material particles to work, is always non-destructible. So long the anti-material particle is within the lump of material particles known by the names of gross and subtle bodiesthe whole thing manifests as a living unit. As such in the continuous clashing between the two particles, the non-material particle is never annihilated neither any body is able to cause such annihilation of the anti-material particle at any time past, present or future.

We think therefore that the theory of annihilation of both the worlds, is wrong in conception. This is further explained in the Bhagwat Geeta as follows:--

"The finest and immeasurable anti-material particle is always indestructible, permanent and eternal. But its encagement by material particle is annihilated at a certain period. The same principle is applicable also in the case of material and anti-material worlds. No body should be afraid of the anti-material particle as becoming subject to annihila-tion either as particle or as the world of such particles."

Everything that is annihilated is also created at a certain stage. As the material body is created so also the material world is created. And because the anti-material particle is never annihilated so also it is never created. This is corroborated in the "Bhagwat Geeta" as follows :--

"The anti-material particle which is the vital force is never born or created. It exists eternally. It has no date of birth nor any period of death. It is neither created nor annihilated by repeatition. It is eternally existing and as such it is the oldest of the old and yet it is always fresh and new. By annihilation of the material particles the anti-material particle is never annihilated.

The above principle is applicable to the anti-material world also. When the material world is annihilated, the anti-material world exists in all circumstances. This fact will be explained more elaborately later on in this article. The anti-material scientist may also know it from the Bhagwat Geeta as follows :-

A learned fellow who knows perfectly well that the anti-material particle is indestructible, does not think of its being annihilation by any means."

The atomic scientist may think of annihilating the material world by their discovery of nucleus weapons, but they are unable to do so in the matter of anti-material world.

The anti-material particle is more clearly explained in the following lines:—

"It is neither cut into pieces by any material weapon, nor it is burnt by fire. Neither it is moistened by water nor it is dried up or evaporated by air.

"It is indivisible, non-inflammable, insoluble and non-evaporable. On account of its being eternal it can enter into any sort of body. Being steady by constitution, its qualities as above are always fixed up."

"It is in explicable also on account of its being contrary to all material qualities. It is un-thinkable by ordinary brain. It is unchangeable. No body should ever lament over the anti-material

Thus in the Bhagwat Geeta and in all other Vedic literatures the superior energy anti-material principle is accepted as the vital force or the living spirit explained in one word as 'Jiva' This living principle is impossible to be generated by any sort of combination of material elements. The material elements namely (1) éarth, (2) water. (3) air. (4) fire, (5) sky, (6) mind. (7) intelligence and material (8) ego all these eight material principles are described as inferior energies whereas the living force or the anti-material principle is described as the superior energy. They are called energies because they are contro-lled by the supreme Living Being or the Personality of Godhead (Krishna).

The materialist was so long limited within the boundary of eight material principles as above mentioned but it is encouraging that he has now a faint information of the anti-material principle and an anti-material world also. We hope with the progress of time such materialist will be able to estimate the value of anti-mate-rial world, where everything is anti-material without any trace of material principles. The very word anti-material suggests that the principle is completely diff-rent from all material qualities. The mental speculators, in two groups, realise this anti-material principle in two different morphological conclusions One of them (the gross materialist) deny to accept the anti-material principle or they admit only of dis-integration of material combination at a certain stage. The other one accepts the anti-material principle as completely opposite to the material principle with its twenty four categories. The second spe-culator is known as the Samkhyas' or the speculator who scrutinise the material principles with minute analysis and synthesis. And at the end of such conclusion such Sankhyaists do accept only a transcendental principle or antimaterial principle. But the difficulty for both of the above mental speculators is that they speculate with the help of inferior energy without any source of information from the Superior. It is therefore necessary that

one should rise up to the plane of Superior energy and from that transcendental position only one can realise the real position of the anti-material principle.

From the platform of material world one cannot estimate the real position of the anti-material world. But the Supreme Lord who is the controller of both the material and anti-material energies descends out of His causeless mercy, and gives us complete information of the anti-material world and thus we can know what the anti-material world is. The Supreme Lord and the living entities both are of the same antimaterial quality. We can thus make an idea of the Supreme Lord by an elaborate study of the living entities. Every living entity is an individual person. There-fore the Supreme Living Being must also be the Supreme Person. In the Vedic literature the Supreme Person is very rightly claimed as Krishna. This name of Krishna of the Supreme Lord is the only intelligible Name of the highest order. Because He is the controller of both the energies material and anti-material, the very word Krishna signifies that He is the Supreme Controller.

In the Bhagwat Geeta the Lord informs this fact as follows :-

"There are two worlds namely the material world and the antimaterial world. The material world is made of inferior qualities energy divided into eight material principles but anti-material world is made of superior qualities energy. And because both the material and anti-material energies are emanations of the Supreme Transcendance Personality of Godhead, it is apt to conclude that Lord Krishna is the ultimate cause of all creations and annihilations".

The Lord's two inferior and superior energies manifest the material and anti-material worlds and as such He is the Absolute Truth. In the Bhagwat Geeta the Lord explains the fact as follows :-

"I am, therefore, the highest principle or transcendance and there is nothing greater than Me, oh Dhananjoy. Everything that be is thus inter-woven in My energies exactly like the pearls are woven on the thread".

Long long before the discovery of the principles of anti-matter particles or the anti-material world, the subject matter was departicles or lineated in the pages of the Bhagwat Geeta. And from the Bhag-wat Geeta it appears that the philosophy was first taught to the presiding deity of the Sun-globe. This means that the principles of the Bhagwat Geeta was spoken by the Personality of Godhead long long before or at least 400,000,000 forty crores of year before. Modern science has juss very late discovered partial trutth

GODHEAD-PANACEA FOR HUMAN

inculcated in the Bhagwat Geeta. The suggestion or assumption of the anti-material world is also mentioned in the Bhagwat Geeta. And from all these data it may be assumed without the slightest doubt that the anti-material world is the world situated in the antimaterial sky. This anti-material sky is mentioned in the Bhagwat Geeta, as the Sanatan Dharam or the eternal nature.

Exactly like the material atoms, the anti-material atoms also create the anti-material world with all its parapharnalia. The anti-material world is inhabited by anti-material living beings. The living being means anti-material atoms and as such in the antimaterial world there is nothing like inert matter. Everything there is a living principle and the Supreme Personality in that region, of anti-material world is God Himself. The denizens of the antimaterial world reside there with the Personality of Godhead with eternal life, eternal knowledge and eternal bliss.

In the material world the top most planet is called 'Satyaloka' or 'Brahmaloka.' In these groups of planets, living beings of the highest talents live. The presiding deity of the 'Brahmaloka' is called 'Brahma' the first living being created in this material world. Brahma is also a living being like so many of us but he is the highest talented personality in the material world. He is not in the category of God but he is in the category of the living entities dominated by God. God and the living entities both belong to the anti-material group and so also the anti-material world. The scientist therefore will do well to make research work in the constitution of the anti-material world how it is administered how things are shaped there, who is the predominating personality there and so on. In the Vedic literatures especially in the Sreemad Bhag batam, these subject matters are elaborately dealt with and the Bhagwat Geeta is the preliminary study of the Bhagwatam.

These two important books of knowledge must be thoroughly studied by all men of the scientific world. They will give them many many clues to go forward in the matter of scientific discoveries.

There are two classes of men namely the transcendentalist and the materialist. The transcendentalist gathers knowledge from the authoritative scriptures like the Vedic literatures. The Vedic litertative sources who are in the transcendental disciplic successional line. This disciplic successional line is also mentioned in the Bhagwat Geeta. It is said there that hundreds of crores of years before the principles of the Bhagwat Geeta were spoken to the presiding deity of the Sun-globe. who delivered the knowledge to his son Manu from whom the present generation of Man has come down. The Manu again delivered the transcendental knowledge to his son known as the King Ikshaku who is the forefather of the dynasty in which the Personality of Godhead Sri Rama appeared. This long chain of disciplic succession was broken during the advent period of Lord Shri Krishna (5000 years before) and thus the same chain of disciplic succession was again reinstated with Arjuna the first disciple of Godhead in this age. The transcendentalist therefore of this age gathers knowledge from the disciplic successional line of Arjuna so that without troubling himself in the matter of materialistic reasarch work such transcendentalist acquire the truths of matters and anti-matters in the most perfect way and save time and botherations unlike the gross materialist.

The gross materialists who do not believe in the worlds of the Personality of Godhead are unfortunate creatures. They are undoubtedly very talented, educated and advanced in knowledge to a certain extent but they are at the same time bewildered by the influence of material manifestation without any knowledge in the anti-material jurisdiction. It is a good sign therefore that the materialistic scientist is gradually progressing towards the region of anti-material world and it may be possible for them to make further progress in the matter and thus can know one day, it is better late than never, the details of anti-material world where the personatily Godhead, resides as the Predominating Figure where as the living entities who live there along with Godhead in equal status but at the same time a predominated as servitors. In the anti-material world there is no difference between the predominated and predominator but yet the sense in perfection of the Predominator and the predominated prevails there without any inebreity of the material world.

The nature of the material world is destructive. The assum-

atures are received from the authori- ption of the physical scientist about the annihilation of the two worlds namely the material and non-material by a chance flashing clash-is partially true as far as we get it from the Bhagwat Geeta. The material world is a creation of changing modes of Nature called by the name of Sata. Raja and Tama. It is created by the Rajas mode, it is maintained by the Sata mode and it is annihilated by the Tama mode. These modes are present everywhere within the material world and as such in every second, in every minute and in every hour such creation, maintenance and annihilations are taking place all over the material world. The highest planet of the material world namely the 'Brahmaloka' is also subjected to these modes of nature, although the duration of life in that planet, on account of its predominance of Sata modes is said to be 4300000 × 1000 × 1 × 30 ×12×100 of years as we know in this planet. But with all these long period of years the planet is destructible. In comparison to the eternal life in the non-material world, these countable years in the highest planet of the material world is a negligible stand. The speaker of the Bhagwat Geeta or the Personality of Godhead Shri Krishna asserts, therefore, the importance of anti-material world which is His abode. He says as follows.

> "All the planets within the material world are destructible at the end of 4300000 x 1000 x 2 x 30 ×12×1000 of solar years. And all the living beings docile in these planets of the material world are also materially destroyed along with the destruction of the material world. The living entities are but anti-material particles. Unless they do elevate themselves to the region of anti-material world by a rigid culture of antimaterial activities, such living entities or the anti-material particles do remain within the material world in the non-manifested state. They take their material shape along with the rebirth of the material world. Only those living entities who take to the loving service of the Personality of Godhead during the manifested stage of material life are undoubtedly transferred to the anti-material world, after quitting the material body. Life immortal is obtained by those only who goes back to Godhead by practice of anti-material activities."

What are these anti-material activities? The anti-material ac-

tivities are just like medicinal When a man falls ill he goes to the medical man. The physician prescribes some medicine which are material things as well. But because they are pres-eribed by the expert physician such medicinal doses cure the ailments of the suffering patient. Foolish materialist does not put himself under the treatment of expert transcendental physician. Otherwise he would have been cured if his material diseases which put him under the tribulations of repeated births, deaths, illness and old age. Such foolish materialist can better put himself under the treatment of 'Back to Godhead' and thus transfer himself to the anti-material world where there is eternal life or no birth and no death.

Annihilation of the material world takes place in two fold ways, partial annihilation takes place at the end of every 4300000 ×1000 solar years or at the end of everyday of the 'Brahmaloka' the top most part of the material world. During that time of partial annihilation, the top most planets of the material world are not annihilated but at the end of each 4300000 × 1000 × 2 × 30 × 12 ×100 of solar years the whole cosmic manifestation is closed up and merged with the anti-material body from where the material principles emanate. manifest and again merge into the same after annihilation. And the anti-material world, which is far away from this material sky, does not annihilate at any time it absorbs the material world. It may be that a clash may take place between the material and anti-material worlds as suggested by the scientist and as a result of this clash the annihilation of the material world takes place but so far the anti-material world is concerned there is no annihilation at all even when all the material worlds are annihilated.

This eternally existing antimaterial world is non-manifested to the material scientist. He can simply have an information of its existence contrary to the modes of material world. Full details of the anti-material world can be known only from the infa-Hible sources of liberated authority who has thoroughly realised the constitution of the anti-material principle. This information of the anti-material world is therefore received by aural reception by a submissive disciple of the personality of Godhead. The Vedasor the Vedic knowledge

BHAKTIYOGA-The Way to Anti Material World

was thus imparted into the heart of Brahma' the first living being in the created material world and Brahma educated Narada of this transcendental knowledge. So is also the Bhagwat Geeta: The philosophy of the Bhagwat Geeta was spoken by the Personality of Godhead some times to the Presiding Deity of the Sun-globe and when such knowledge was misinterpreted by breaking the chain of authoritative aural reception, it was again repeated by the Personality of Godhead by His presence in the battle field of Kurukshetra. At this time Arjuna took the place of 'Brahmaji' to receive the transcendental knowledge from Shri Krishna. In order to drive out all misgivings of the gross materialist. Arjuna asked all relevant questions about the bonafides of the Lord and all relative answers were given by the Lord to the full satisfaction of a layman. Only those, who are too much captivated by the glamour of material world, cannot accept the authority of Lord Shri Krishna on account of their polluted life of unclean habit. Therefore one has to become thoroughly clean in habit and heart before one can understand the details of the anti-material world.

Such details of the anti-material world are many times more exhaustive than the details of the material world. The material world is only a shadow representation of the anti-material world and the intelligent class of men who are clean in heart and habit will be able to know such details in the nutshell from the text of the Bhagwat Geeta. They are as follows :-

"The presiding Deity of the anti-material world is Shri Krishna in His original personality as well as by expansion of his many plenary portions. Such Personalities of Godhead can be known only by anti-material activities commonly known as devotional service. The Personality of Godhead is the Supreme Truth and He is the Whole antimaterial principle. The material principle as well as the antimaterial principles are emanations from His Person. He is the root of the complete tree

When water is poured into the root of a tree the branches and leaves of the tree develop automatically. And in the same way when Shri Krishna the Personality of Godhead is worshipped. all details of material worlds are enlightened in the heart of the devotee without labouring in the materialistic way. That is the secret of the Bhagwat Geeta."

The process of entering into the anti-material world is different from the materialistic ways. Admittance or transmigration of the individual living being or the anti-material particles who is now embarrased by material association,-can enter the anti-material world very easily by practising the anti-material activities, while residing in the material world. But those who are gross materialists and depend on the limited strength of experimental thought by mental expeculation or by materialistic science, can enter into the anti-material world with great difficulty. The means of approach of the gross materialist in the anti-material world is covered by shrouded endeavour. The mechanical planes or missile or electronic rockets that are now being thrown in the outer space cannot even approach the material planets in the higher regions and what to speak of the planets situated in the anti-material sky far beyond the material sky within our experience. The 'Yogis' who have perfectly controlled the mystic power can also enter into that region with great difficulty. The 'Yogis' who can control the anti-material pa ticle within the material body, by practice of mystic powers can give up their material bodies at will at a certain opportune moment and thus enter the anti-material world through a specific thoroughfare which connects the material and antimaterial worlds. If such 'Yogis' are at all able to do this act they can do so in accordance with the prescribed method given in the Bhagwat Geeta as follows :-

"Persons who have realised the transcendance can reach the anti-material world by leaving their material bodies during the period of Uttarayana or when the sun faces towards the northern side or at another auspicious moment in which the deities of fire and effulgence control the atmosphere."

"These different deities or powerful directing officers appointed in the administration of the Cosmic intricacies. Foolish people who are unable to see the intricacies of cosmic management flout up the personal management of fire, air, electricity, days night periods, etc. But the perfect 'yogis' know how to satisfy such 'unseen administrators of the affairs of material world. Such yogis take advantage of such administrations and leave the material body at will at an opportune moment when they can enter the anti-material world or in the higher planets of the material world. In the higher planets of the material world they can enjoy more comfortable and pleasant life for lacs and crores of years but life in those higher planets is not eternal. Those who desire eternal life, do enter into the anti-material world by the 'Yogic' or mystic powers at the opportune moments created by the administrators of the cosmic affairs unseen by the gross materialists of this 7th class plunet of earth."

"Those who are not yogis but die at some opportune moment on account of their previous pious acts of sacrifice, charity, penance etc. can rise up to the higher planets after death to return back again on this planet. Such periods of death is called 'Dhooma' Night, black-fortnight or when the sun passes facing southern side."

To summarise the whole thing as above mentioned the Bhagwat Geeta recommends every one to adopt the means of devotional service or anti-material activities, if at all any one wants to enter into the anti-material world. Such persons, who adopt the means of devotional service as prescribed by the expert transcendentalist, shall never be disappointed in their attempts to enter into the anti-material world. The obstacles are many but the devotees of the personality of Godhead can easily overcome such difficulties if they follow rigidly the path chalked out by the transcendental devotees. Such devotees or the passengers, who are progressing in the journey of life towards the anti-material kingdom of God, are never bewildered in such attempts. No body shall be cheated if he adopts the guaranteed path of devotion for entering into the anti-material world. One can easily attain all the results that are derived from the studies of Vedas, performing sacrifice, practising penance or disposing of charities-simply by the unilateral performance of devotional service technically known as 'Bhaktiyoga'.

'Bhaktiyoga' is therefore the panacea for all purposes and it has been made more easier, specially for this iron age, by the Lord Himself in His most sublime liberal and munificient appearence as Lord Chaitanya. By his Grace one can quickly pick up the principles of Bhaktiyoga' by summary disappearance of all misgivings in the heart and by extinction of the fire of material tribulations with a chance of ventilating transcedental bliss.

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